



## Speed Camp!

**Saturdays - February 25, March 3, 10, 17, 24 & 31  
'at the BRAC" (on Common Rd., 2 miles west of De La Salle)**

6-9 yr. old: 4:00-5:15

10-14 yr old: 5:15-6:30

**\$50/6 weeks or \$10/session**

(6 week registration includes Speed Camp T-Shirt)



Camp will be coordinated by new Varsity Football Head Coach Jesse Johnson. Coach Johnson played four years at the University of Michigan. During that time, he went to three Rose Bowls and a Gator Bowl. While at U of M, Jesse was mentored by some of the best coaches in football; coaches like Gary Moeller, Lloyd Carr, Les Miles, Cam Cameron and Jim Hermann. Coach Johnson brings with him a strong tradition of hard work, determination and good sportsmanship along with the skills and experience of a true champion.

Speed camp will be run under the direction of Romond Batten. Romond specializes in increasing athletes' speed for all sports and has worked with college players preparing for the NFL Combines. In the six weeks of camp, Romond will be instructing our kids with specific training to improve their speed for any sport.

**To register, or for any questions, call:**

**Sandy Carra, Athletic Director, 586.292.4797 or 586.264.2911 (9 a.m.-4 p.m.)**

**Doug Burg, Booster Club President, 248.990.2143 (after 4 p.m.)**